HEY KIDS!
Here’s Some Blueberry Fun Just For You

BLUEBERRY POWER PUZZLERS

Use the number code to solve the message below!

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BLUEBERRIES WILL...

Which two smoothies are exactly the same?

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Answers: Smoothies: 3 & 5; Code game: Rock your taste buds!

SAY THIS FAST FIVE TIMES:

Blueberry bushes bring big beautiful blueberries.

Which two smoothies are exactly the same?
THE LITTLE BLUE MIX-UP

What’s blue, comes through a straw and makes you feel energized? An a-maze-ing blueberry smoothie! Help this Little Blue Dynamo make it through the maze to his smoothie.

Can you find 6 blueberries with letters hidden in this activity book? Fit the letters into the spaces below to discover what blueberries are full of!

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LITTLE BLUE DYNAMO SCAVENGER HUNT

Go on a scavenger hunt and find someone in your class who...

☐ Ate blueberries for breakfast.
☐ Tried a blueberry smoothie.
☐ Says blueberries are their favorite fruit.
☐ Is wearing blue.
There once was a blueberry named Blue, who was looking for a **ADJECTIVE** adventure. He came upon a **COLOR** bowl of yogurt. Yogurt looked so **FEELING** that Blue decided to **VERB** with her. Blue and Yogurt were having so much fun that they yelled "**SILLY WORD**!" Next, Blue went to **PLACE** and met a **ADJECTIVE** pancake. Pancake and Blue decided to **VERB** and **VERB**. They both laughed until they turned **COLOR**. It was time for Blue to leave and on his way home, Blue saw a bunch of other blueberries jumping into a **NOUN** in a freezer. The frozen little blue dynamos said, "Join us and **VERB**." "**SILLY WORD**," said Blue, always ready to share an adventure with new friends.
READY, SET, BLUEBERRY BINGO

From the word bank below, write each of the words in the blank bingo spaces of your choice. When your teacher calls out a word at random, check it off on your board. The first to win across, down or diagonal wins Blueberry Bingo!

Word Bank:

- blue
- sweet
- yummy
- juicy
- plump
- snack
- frozen
- fiber
- nutritious
- delicious
- dynamos
- happy
- topping
- energy
- 1 cup vitamin C
- smoothie
- awesome
- lunch
- fun
- breakfast
- fruit

blueberry
DID YOU KNOW...
BLUEBERRIES HAVE FIBER & VITAMIN C?

Roses are red, blueberries are blue.
Eat these dynamos every day, they’re good for you!

Blueberry Sparklers with Blueberry Fruit Dip
Makes 10 sparklers, 2 cups of dip

Ingredients
- 1 cup large fresh blueberries
- 2 cups fresh or frozen, thawed blueberries
- 1/3 cup light cream cheese (from an 8-ounce tub)
- 1/3 tablespoon apricot preserves

Instructions – ask an adult to help!
1. On each of 10 bamboo skewers (8 inches long), spear 8 blueberries.
2. In the container of a food processor or blender, place blueberries, cream cheese and apricot preserves. Whirl until smooth.
3. Serve with blueberry sparklers as a dip or spooned over skewer, if desired.

Blueberry Party Mix
Makes 4 cups

Ingredients
- 1 cup dried blueberries
- 1 cup chopped walnuts
- 1 cup thin pretzels, broken
- 1 cup granola or other cereal

Instructions
1. In a large bowl, combine the blueberries, walnuts, pretzels and granola.
2. Store in an airtight container.
3. Best if used within a week.

WHAT KIND OF MUSIC DO BLUEBERRIES LIKE?
The Blues, of course!